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Welcome!

want me to come to your school, please send an email to dana.lanzaro@mail.house.gov. I hope to see you soon

Thank you for visiting my webpage for kids. Here you will find information about the Congress, the Capitol, and other parts of our government. As a former teacher, I am proud to represent the children of Central New Jersey. I always enjoy visiting schools in our district and meeting with students on their visits to Washington. As the leaders of tomorrow, it is important that you learn about our nation's rich democratic heritage. I hope you explore the pages below – they're full of fun games and activities to help you learn about Congress and our government.

- Rush Holt

Kids in the House How Laws are Made Art and History of the Capitol The History and Role of the House in Government

Congress for Young Learners

Congress for Grade Schoolers

Congress for Middle Schoolers

Congress for High Schoolers

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